



Virginia Beach Field House  
Coaches Meeting W24



***HELLO?!***

***Best way to contact us - EMAIL!***

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**Rudy Valadez  
League Director**

# Reminder: It's Youth Sports!

Sportsmanship: the behaviors and attitudes in sport that show fairness, respect for one's opponent, and grace in winning or losing.

Please encourage ALL players to find the fun and value in youth sports. This motto does not just apply to the players, but as coaches and spectators. Your support to maintain a positive and encouraging attitude towards players, coaches and referees is greatly appreciated!





*Looking to continue the  
season and stay cool  
inside?!*

**SUMMER SEASON**

**June 15 - July 28**

***\*Subject to Change\****



**DAYSMART**

# How to Access your Team Roster

1. Go to:

[www.beachfieldhouse.com](http://www.beachfieldhouse.com) – click **Member Login** (Upper Right Corner)

2. Log in using your Username and Password.

3. This is your Account Home Page - From this page you will click on the “Manage Team” button to see the team roster.

4. When you click on the player’s name –you will be able to see the players contact information.

5. GAME SCHEDULES can be access by scrolling down the page under Upcoming Events.

The screenshot displays a user interface for a sports management system. On the left, a dark blue sidebar contains navigation options: 'EVENTS', 'SCHEDULES', and 'TICKETS & PASSES'. The main content area shows event details for a game on 1/20/2024 at 4:40pm at Virginia Beach Field House on Large Field 3 (APEX Field). The event status is 'PAID' with a green checkmark. Below the event details, there is a section for 'REGISTRANT' information, including birth years (2005-2015) and a 'Full description' link. At the bottom of the event details, a 'MANAGE TEAM' button is highlighted with a yellow circle. The interface also shows a 'VIEW TEAM' button and a 'MANAGE' button in the top right corner.



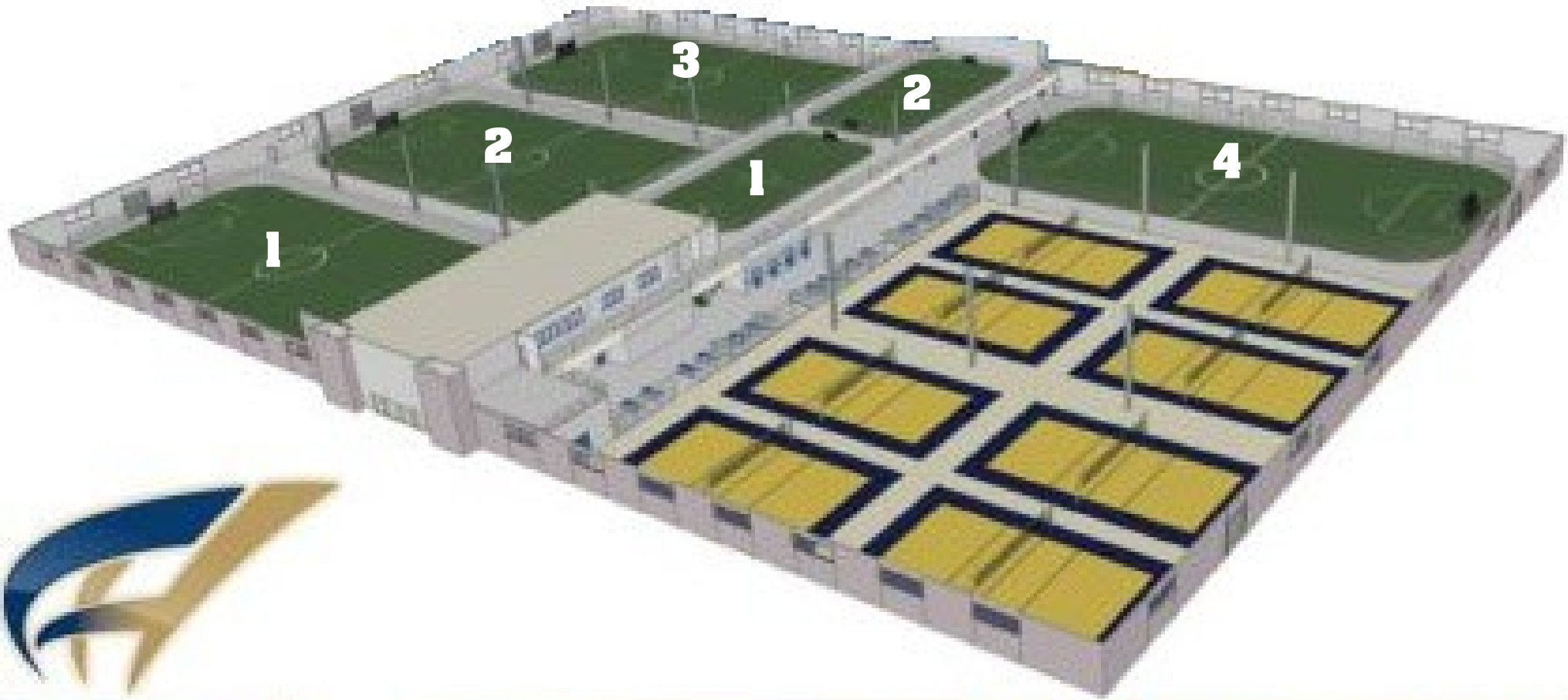
# Game Jerseys

- **Club Uniforms or personalized uniforms can be worn.**
- **Each player will receive a VBFH t-shirt with part of their registration, however, they will all be the same color, so it will not help with a game jersey. I would coordinate with the team to bring 1 light and 1 dark jersey to each game. Pinnies will be provided as well.**



VBFH  
FACILITY  
FIELD  
LOCATIONS





VIRGINIA BEACH  
**FIELD HOUSE**

**BeachFieldHouse.com**

- **2014 thru 2017 –**
  - Small Field 1 & 2
  - Located upstairs

- **LARGE FIELD 1**
  - First Field on your left as you enter the building
- **LARGE FIELD 2 / LARGE FIELD 3 will follow Field 1.**
- **LARGE FIELD 4 is located in the back right corner of the facility.**



# Game Day Notes:

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- **Game Schedule**
- As you can see from the schedule, games are very quick, and we have very little turnaround time. There are few things we will need to make sure we do to be as efficient as possible:
  - **Please have your team prepared ready to play once the previous game has ended. This means cleats, shin guards, etc... are on and players are ready to go. \*Warm-up time, if any, will be very minimal – 1 to 2 minutes.**
  - **Keep personal items to a minimum. The less you bring into the fields, the less you will need to take out after the game.**
  - **STAGING AREA** – to allow teams to exit the player boxes, please enter the fields from the STAGING AREA. These are located opposite the players box with a door to enter the fields. *They are located between Fields 1 and 2, Field 2 and 3, and located on the Basketball Court side, by the exterior wall of the facility.*

# GAME DAY RULES



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## COMPETITION FORMAT & RULES

Official FIFA Rules and Regulations as stated under the Laws of The Game will be enforced. Exceptions are noted below under the Field House Rules.

## FIELD HOUSE RULES

- 20 MINUTE HALVES, running clock.
- No Time-Outs.
- NO SLIDING / SLIDE TACKLING
- NO Heading for players 2012/2013 and below
- Goalkeepers cannot punt or drop kick the ball
- All restarts will be **INDIRECT, other than a PK.**



VIRGINIA BEACH  
FIELD HOUSE

# Play- 2016 - 2019

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- 2016/2017 (U7/U8) & 2018/2019 (U5/U6)  
Divisions play 4v4 – no goalie.
- Game Time: 8-minute quarters (2018/2019), 10-minute quarters (or 2–20-minute halves) (2016/2017)
- Size 3 Ball
- **Scores will not be recorded – games are focus on skill development and building the love of the game!**
- For more information: Click here: [2016 - 2019 Rules](#)



# Play- 2005 - 2015

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- 7v7 w/Goalie
  - Game Time: 20-minute halves, 2-minute halftime
  - HOME JERSEY: Light, AWAY JERSEY: Dark
- \*If teams have only 1 jersey, we will provide pinnies.*
- Size 4 or 5 Ball
  - Scores will be recorded – we will stop keeping score if the goal differential goes to 8 goals or more.
  - For more information click here: [Rules](#)



# Outdoor vs Indoor

- **Outdoor** – Touch Lines; **Indoor** – No touch lines
  - Any ball that travels into a player box or netting above the glass will have a restart at the point of contact. A ball hit by an offensive player to the back of the goal netting will be awarded to the Goalie; conversely if a defense player hits the ball above the goal – it will be a corner kick. (Indirect kick)
- **Outdoor** – Offsides; **Indoor** – no offsides, 3-line rule
- **Outdoor** – subs based on Referee; **Indoor** – sub on the fly \*player must be within the bench area (1/2 wall)
- **Outdoor** – Slide tackling dependent upon age; **Indoor** - NO SLIDE TACKLING! (Or rough play around the Boards)

***Note: Any dangerous play or potentially dangerous play will be called by the Referee around the boards – we want players to be safe!***



# 3-Line Rule

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Three Line Indoor Soccer Rule Soccer is when the ball is kicked from one end of the field through the air in which it crosses all 3-lines.

These lines are evenly spaced along the length of the field, with one of them being the exact center. The rule is used to avoid playing long balls and to keep the ball on the ground.

**Restart:** The ball will be placed at the MIDFIELD line.  
(Restart will be indirect kick)





QUESTIONS? Please contact us at:

[leagues@beachfieldhouse.com](mailto:leagues@beachfieldhouse.com)

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*VIRGINIA BEACH*  
***FIELD HOUSE***

THANK YOU!

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